



THE MEN'S ANGER MANAGEMENT PROGRAM SCREENING + EIGHT SESSIONS

OVERVIEW

In The Men's Anger Management Program, the angry man's partner is encouraged to attend every other week to evaluate progress and to set goals. For men who want to stop angry and abusive behavior, it is strongly suggested that some of the work be done with the partner present. The partner would serve in the role of consultant to help me and the angry man do the work we need to do. Call 713.526.6650 or email newton@angerbusters.com to schedule a screening appointment.

SCREENING SESSION

The Center for Anger Resolution Men's Anger Management Program begins with me meeting with the man alone or man and the man and his partner for fifty minutes for a screening session. Goals will be set and homework assigned at this meeting.

EIGHT SESSIONS OVER TWELVE WEEKS

After the initial screening session, meetings will alternate between one meeting with the man alone and the next with the man and his partner present to assess progress and reset goals. I have found this to be extremely effective, if men complete all 8 sessions within 12 weeks.

COST AND PAYMENT SCHEDULE

The initial screening session is \$185. The 8 sessions are \$150 each, payable in two payments of \$600.