



ANGERBUSTERS

The Center For Anger Resolution

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A VALENTINE FOR YOUR PARTNER USING THE OTHER 3 MAGIC WORDS!

Newton: What do you want to get out of this session today, so that when you leave here, you would say, "Wow! That was really worth the time and money."

Bill: I don't know. What I really want is for my wife not to make me move out and divorce me, because I know it is getting close.

Newton: Will you see her or talk to her tonight?

Bill: Well, yeah.

Newton: What does your wife need to hear from you tonight, so that she would say, "H - m - m that is new behavior on his part. There might be hope for him after all."

Bill: She will be pleased that I made the appointment and kept it.

Newton: Great. So you have already earned some points by just showing up.

Bill: Yeah.

Newton: What else does your wife need to hear from you tonight, so that she would say, "H - m - m ... that is new behavior on his part. There might be a tiny bit of hope for him after all.

Bill: I don't know. I have never thought of that. We just argue all the time.

Newton: So if you could stop all the arguing for 90 days she would be impressed.

Bill: We would both be ecstatic.

Newton: Well, Bill, you are in luck. You have come to the guy who can give you the key to stopping all arguing for 90 days. There are only three words, but you have to be ready to say them at all times to your partner, day or night.

Bill: Are they, "I love you?"

Newton: No, but that isn't bad either. You can certainly use those as well. The three words that will stop all arguments are, "YOU ARE RIGHT."

Bill: Yeah, but what if she is not right?

Newton: Well, in that case, the more she is wrong the more right you make her.

Bill: This is crazy. Isn't this lying?

Newton: Well, in most circumstances, yes. However, these are desperate circumstances. Your marriage and family are on the line. She might be impressed that you can get those words out of your mouth whether you mean them or not.

Bill: I thought I was supposed to express what I felt.

Newton: I think people like you and I have probably mastered the art of expressing anger. Probably a good idea if you could practice expressing appreciation by giving compliments.

Bill: What if she wants to buy a new car? We argue about money a lot.

Newton: You could say, "You are right! A new car would be great. Could we wait a week before buying it?"

Bill: What happens after a week?

Newton: You come back and we can talk about it.

Bill: O.K. I am willing to try anything. Even if it doesn't make sense!

Men's Anger Management Program Houston

The Center for Anger Resolution, Inc. offers a Men's Anger Management Program in Houston for the angry man. The man's partner is encouraged to attend every other week to evaluate progress and to set goals. For men who want to be in recovery from angry and abusive behavior, it is strongly suggested that some of the work be done with the partner present. The partner would serve in the role of consultant to help the man and me do the work we need to do. Call 713.526.6650 or email newton@angerbusters.com

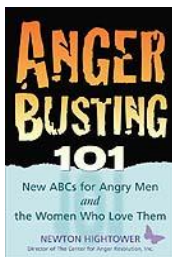


Weekend Intensive Anger Management Program Outside of Houston

The Center for Anger Resolution, Inc. offers a number of Weekend Intensives throughout the year that are tailored to the specific recovery needs of each man and his partner. The partner would serve in the role of a consultant to help the man and me do the work we need to do. I (Newton) would be the therapist the entire weekend with just you and your partner. This is not a group session. There will not be other couples present. It will be just the three of us.

For More Information Click [HERE!](#)

Anger Busting 101: New ABC's For Angry Men and The Women Who Love Them



In this ground breaking book, Newton Hightower explains how he was once a rageaholic, tried meditation, pillow-pounding and other methods to release his anger to no avail. He kept thinking he could gain control and change his behavior. Through his own experience with rage, and the consequences of being fired and becoming depressed, he developed this revolutionary way to recover from anger.

Bulk Discounts Available - Click [HERE](#) for more information!

Certified Anger Resolution Therapist - Home Study

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- Obtain certification that shows your competence in working with rageful men, women, and children.
- Acquire a powerful credential that shows your dedicated advancement in your career.

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Live Certification Seminar

The Houston Live Seminar

When: Friday, March 7 and Saturday, March 8, 2014

Where: Interface-Samaritan Counseling Centers Galleria Office

**To register and reserve your spot call
1-877-NO-ANGER (662-6437) Limited Seating**

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